



SMART GOALS

What is your SMART career goal for June? A SMART goal is:

- S Specific
- M Measurable
- A Action-Oriented
- R Realistic
- T Time Bound

Think about these things that focus on the outcome:

1. What is it that you really want? Dig deep..
2. What specific outcome are you looking for?
3. What is the pain for you of NOT achieving your goal?

